

Medical Edge Radio from Mayo Clinic

Pelvic Organ Prolapse

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	DO YOUR INSIDES FEEL LIKE THEY'RE FALLING OUTSIDE? IT'S A PROBLEM THAT'S NOT ALL THAT UNCOMMON IN POSTMENOPAUSAL WOMEN. CHILDBIRTH OR REPETITIVE HEAVY LIFTING CAN DAMAGE THE TISSUE THAT SUPPORTS AND SEPARATES YOUR PELVIC ORGANS. A BULGE OR HERNIA DEVELOPS AND OVER TIME THOSE ORGANS CAN PROLAPSE THROUGH THE VAGINAL OPENING.
Christopher Klingele, M.D. (track 4 1:05)	"MOST WOMEN WILL LIVE WITH

	<p>THIS FOR A PERIOD OF TIME, WHERE THEY'RE KIND OF DEALING WITH IT. THEN IT STARTS TO BECOME A PROBLEM. "</p>
	<p>THOSE PROBLEMS SAYS MAYO CLINIC DR. CHRISTOPHER KLINGELE, INCLUDE NOT BEING ABLE TO EMPTY YOUR BLADDER OR YOUR BOWEL AND DISCOMFORT OR PRESSURE IN THE PELVIC AREA. BUT THERE IS HELP. A PESSARY IS A TEMPORARY SUPPORT THAT PROPS THINGS UP. ANOTHER OPTION IS SURGERY.</p>
<p>Dr. Klingele (track 4 3:09)</p>	<p>"WITH SURGERY WE'RE TRYING TO RESTORE NORMAL ANATOMY. WE'RE TRYING TO FIX THE HERNIA... PUT THINGS BACK IN THEIR NORMAL POSITION."</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN</p>

	WILLIAMS.