

Mayo Clinic Medical Edge
New Treatment for Depression

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	DEPRESSION IS A DISEASE THAT WAYNE MILLER HAS LIVED, AND SUFFERED WITH FOR DECADES. WHEN IT'S BAD...
Wayne Miller, Patient	"YOU DON'T WANT ANYONE AROUND YOU. YOU JUST WANT TO CRAWL IN A HOLE AND COVER YOURSELF UP."
	UNLIKE MOST PEOPLE WITH DEPRESSION, WAYNE DIDN'T RESPOND TO TREATMENT. NOTHING WORKED. THEN MAYO CLINIC DR. ELLIOTT RICHELSON TOLD WAYNE ABOUT A NEW TREATMENT.

Elliott Richelson, M.D.	“I THINK IT’S AN EXCELLENT OPTION FOR A VERY DIFFICULT TO TREAT GROUP OF PATIENTS.”
	IT’S CALLED VAGUS NERVE STIMULATION. SURGEONS IMPLANT A DEVICE NEAR THE COLLARBONE AND RUN A WIRE TO THE VAGUS NERVE. WHEN THE DEVICE FIRES, IT STIMULATES THAT NERVE TO SEND SIGNALS TO THE BRAIN. THIS INCREASES ACTIVITY IN AREAS THAT CONTROL MOOD. IT’S NOT PERFECT. RESPONSE RATES ARE ABOUT 30 TO 40-PERCENT. BUT FOR PATIENTS LIKE WAYNE WHO HAVE RUN OUT OF OPTIONS, IT OFFERS A CHANCE AT A NORMAL LIFE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.
