

Mayo Clinic Medical Edge

Diabetes & PAD

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	FROM STROKES TO HEART ATTACKS... WE ALL KNOW THAT CLOGGED ARTERIES CAN LEAD TO BIG TROUBLE. BUT PERIPHERAL ARTERIAL DISEASE OR P-A-D IS THE NARROWING OF THE ARTERIES IN YOUR LEGS.
Karen Andrews, M.D. Track 1 (1:45)	"IT USUALLY PRESENTS AS CLAUDICATION AND CLAUDICATION MAY BE AN ACHING IN THE LEGS, A FEELING OF WEAKNESS IN THE LEGS. PAIN."
	MAKING IT TOUGH TO WALK OR MOVE ABOUT. PLUS, ADDS MAYO CLINIC DR. KAREN ANDREWS, IF

	<p>YOU GET A CUT OR OTHER WOUND, IT CAN TAKE LONGER TO HEAL BECAUSE OF THE DECREASED BLOOD FLOW. IF YOU HAVE DIABETES, YOU'RE MORE LIKELY TO DEVELOP P-A-D, AND IT'S A BAD MIX.</p>
<p>Dr. Andrews Track 1 (5:34)</p>	<p>“YOU'RE AT GREATER RISK OF INFECTION. YOU MAY DEVELOP A WOUND, GET INFECTION WHICH LEADS TO GANGRENE AND AN AMPUTATION. ”</p>
	<p>THAT'S WHY IT'S SO IMPORTANT FOR ANYONE WITH P-A-D - BUT ESPECIALLY DIABETICS -TO KEEP AN EYE ON THEIR LEGS AND FEET AND TO GET ANY PROBLEMS CHECKED OUT.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
