

**Mayo Clinic Medical Edge**

**Scoliosis**

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	LIFE CAN THROW YOU A LOT OF CURVES. BUT WHEN IT COMES TO THE SPINE, YOU WANT TO BE ON THE STRAIGHT AND NARROW.
<b>Anthony Stans, M.D.</b> <b>Track 1 (:50)</b>	"SCOLIOSIS IS A CURVATURE OF THE SPINE... A SIDEWAY CURVATURE OF THE SPINE."
	WHY MOST CASES OF SCOLIOSIS OCCUR IS STILL A MYSTERY. BUT MAYO CLINIC PEDIATRIC ORTHOPEDIC SURGEON DR. ANTHONY STANS SAYS WE DO KNOW THAT IT RUNS IN FAMILIES, USUALLY APPEARS IN KIDS AFTER THE AGE OF TEN AND THAT GIRLS

	ARE AT HIGHER RISK THAN BOYS.
<b>Dr. Stans</b> <b>Track 2 (:10)</b>	“THE PROBLEM IS WHEN THE CURVE REACHES A CERTAIN POINT, IF THE CURVE IS IN THE UPPER SPINE, IT STARTS TO COMPRESS THE HEART AND LUNGS ENOUGH THAT THEY DON’T WORK PROPERLY.”
	IN THE LOWER BACK IT CAN CAUSE INCREASING PAIN AND OTHER LOWER BACK PROBLEMS. BUT TODAY’S TREATMENTS USUALLY KEEP THE CURVATURE FROM PROGRESSING THAT FAR.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.