

**Mayo Clinic Medical Edge**  
**Amputation Risk of Diabetes**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	LOSING A LIMB CAN BE A DEVASTATING EVENT. A LEADING CAUSE FOR AMPUTATION IS COMPLICATIONS FROM DIABETES. UP TO ONE-THIRD OF DIABETIC PATIENTS WHO UNDERGO AMPUTATION WILL NEED TO HAVE THE OPPOSITE LIMB AMPUTATED WITHIN FIVE YEARS.
<b>Tom Shives, M.D.</b> <b>Track 1 (12:06)</b>	"AND A SIGNIFICANT NUMBER OF PATIENTS WHO HAVE AN AMPUTATION SECONDARY TO THE DIABETES WILL DIE WITHIN FIVE YEARS."
	ACCORDING TO MAYO CLINIC DR.

	<p>TOM SHIVES, MANY OF THOSE AMPUTATIONS COULD BE PREVENTED. HE SAYS THE MOST IMPORTANT THING DIABETICS CAN DO TO KEEP FROM BECOMING HIS PATIENT IS TO GET THEIR BLOOD SUGAR UNDER CONTROL.</p>
<p><b>Dr. Shives</b> <b>Track 1 (9 :52)</b></p>	<p>“A SECOND THING THEY HAVE TO DO IS STOP SMOKING, AND ANOTHER THING THEY HAVE TO DO IS TAKE CARE OF THEIR FEET.”</p>
	<p>UNFORTUNATELY AS MANY AS ONE-THIRD OF DIABETICS GO UNDIAGNOSED. SO IF YOU'RE OVER 40 OR HAVE A FAMILY HISTORY OF DIABETES REGULAR SCREENING IS A GOOD IDEA.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>

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