

Mayo Clinic Medical Edge

Hip Resurfacing

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	SOMETIMES, WHAT GOES AROUND COMES AROUND, EVEN IN MEDICINE.
Robert Trousdale, M.D. Track 3 (:10)	"HIP RESURFACING HAS BEEN AROUND FOR A LONG TIME."
	BUT ONLY RECENTLY HAS RESURFACING BEGUN A COMEBACK AS AN ALTERNATIVE TO TOTAL HIP REPLACEMENT IN SOME PATIENTS. DR. ROBERT TROUSDALE IS AN ORTHOPEDIC SURGEON AT MAYO CLINIC. HE SAYS TOTAL HIP REPLACEMENT INVOLVES REMOVING THE TOP END OF THE LEG BONE—THE BALL

	<p>END—AND REPLACING IT WITH A METAL PROSTHESIS THAT FIT'S INTO A NEW SOCKET. WITH HIP RESURFACING...</p>
<p>Robert Trousdale, M.D. Track 3 (:25)</p>	<p>“INSTEAD OF CUTTING THE BALL OFF, YOU PUT A CAP ON TOP OF THE BALL. THE BIG ADVANTAGE IS YOU LEAVE MORE OF THE BONE ATTACHED.”</p>
	<p>THAT CAN BE IMPORTANT IF THE JOINT EVER NEEDS MORE WORK. HIP RESURFACING IS STILL A BIG PROCEDURE WITH A LONG RECOVERY. BUT FOR SOME PATIENTS DISABLED BY THE SEVERE PAIN OF BONE GRINDING ON BONE IT CAN BE AN AVENUE OF RELIEF.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>