

Mayo Clinic Medical Edge

NSAIDS & BPH

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	BENIGN PROSTAIC HYPERPLASIA OR B-P-H IS A COMMON PROBLEM FOR MEN AS THEY AGE. THE PROSTATE ENLARGES CAUSING URINARY PROBLEMS. BUT WHAT IF YOU COULD PREVENT OR DELAY THE DISEASE SIMPLY BY TAKING AN ASPRIN OR IBUPROFEN?
Jenny St. Sauver, Ph.D.	"NSAID USE MIGHT BE ASSOCIATED WITH A DECREASED RISK OF PROSTATE CANCER. THIS IS BENIGN PROSTATE DISEASE, BUT WE WANTED TO SEE IF THERE MIGHT BE AN ASSOCIATION WITH THIS DISEASE AS WELL."

	<p>MAYO CLINIC DR. JENNY ST. SAUVER LED THE STUDY. WHILE RESULTS WERE VERY ENCOURAGING, THAT DOESN'T MEAN EVERY GUY SHOULD START TAKING THE DRUGS ON A DAILY BASIS.</p>
<p>Dr. St. Sauver</p>	<p>"BUT MANY MEN ARE ALREADY TAKING SOME OF THESE DRUGS TO PREVENT SOME TYPES OF HEART DISEASE AND SO TAKING THAT DAILY ASPRIN MIGHT HAVE SOME UNINTENDED BENEFITS FOR THEIR PROSTATES AS WELL."</p>
	<p>DR. ST. SAUVER ADDS THAT MUCH MORE INVESTIGATION NEEDS TO BE CONDUCTED BEFORE ANY RECOMMENDATIONS CAN BE MADE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
