

Mayo Clinic Medical Edge

What is Polymyositis

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Poly-my-oh-Sigh-tis	WE'VE ALL FELT IT - MAYBE AFTER A HARD WORKOUT OR A LONG DAY IN THE GARDEN – MUSCLES THAT FEEL WEAK AND SORE. BUT FOR SOME PEOPLE, THE PAIN AND WEAKNESS ARE SYMPTOMS OF A RARE CONDITION CALLED POLYMYOSITIS. POLY MEANS MANY, AND...
Steven Ytterberg, M.D. Track 2 (:45)	“MYOSITIS SIMPLY MEANS INFLAMMATION OF THE MUSCLE.”
(Yet-er-berg)	BUT THERE'S NOTHING SIMPLE ABOUT WHAT'S CAUSING THE PROBLEM. MAYO CLINIC RHEUMATOLOGIST DR. STEVE

	<p>YTTERBERG EXPLAINS THAT WHILE THE INFLAMMATION CAUSES THE PAIN AND WEAKNESS, THE INFLAMMATION STARTS BECAUSE...</p>
<p>Dr. Ytterberg Track 2 (6:30)</p>	<p>“THE IMMUNE SYSTEM’S USUALLY A GOOD GUY, FIGHTING OFF VIRUSES AND BACTERIA TRYING TO GET INTO THE BODY, BUT THE IMMUNE SYSTEM’S GOTTEN TURNED AROUND, MISDIRECTED AND STARTS TO ATTACK THE BODY RATHER THAN OUTSIDE INVADERS.”</p>
	<p>WHAT TRIGGERS THAT MISDIRECTION IS STILL A MYSTERY, SO THERE IS NO CURE. BUT STEROIDS ARE USED TO QUIET THE INFLAMMATION, WHILE OTHER MEDICATIONS SUPPRESS THE IMMUNE SYSTEM AND KEEP THE INFLAMMATION FROM COMING BACK.</p>

	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.