

**Mayo Clinic Medical Edge**

**Barrett's Esophagus**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	DO CERTAIN MEALS SET YOUR STOMACH CHURNING? ARE YOU SOMEONE WHO'S ALWAYS REACHING FOR AN ANTACID?
<b>Yvonne Romero, M.D.</b> <b>Track 1</b>	"THE NORMAL ESOPHAGUS, YOUR SWALLOWING TUBE IS LINED WITH THIS BEAUTIFUL ICY PINK SMOOTH LINING. ON A MICROSCOPE SLIDE IT LOOKS LIKE LITTLE SHEETS OF TILE."
	DR. YVONNE ROMERO, A GASTROENTEROLOGIST AT MAYO CLINIC SAYS FREQUENT HEARTBURN AND REPEATED ACID REFLUX CAN LEAD TO SOMETHING

	ELSE, BARRETT'S ESOPHAGUS. INSTEAD OF SMOOTH AND PINK...
<b>Dr. Romero</b>	"BARRETT'S IS RED VELVET LINING, IT LOOKS LIKE SHAG CARPET."
	WHILE BARRETT'S DOESN'T CAUSE ANY NEW SYMPTOMS, IT CAN LEAD TO SOMETHING MORE DISTURBING.
<b>Dr. Romero</b>	"PEOPLE WITH BARRETT'S HAVE A HIGHER RATE OF HAVING ESOPHAGUS CANCER."
	PREVENTION STARTS WITH KEEPING YOUR REFLUX UNDER CONTROL. IF YOU ALREADY HAVE A DIAGNOSIS OF BARRETT'S, THERE ARE THERAPIES THAT NOT ONLY TREAT IT, BUT CAN ALSO REVERSE THE DAMAGE
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.
