

**Mayo Clinic Medical Edge**  
**Bariatrics: More Than Just Surgery**

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	THE NUMBER OF PEOPLE UNDERGOING BARIATRIC OR WEIGHT LOSS SURGERY HAS REALLY TAKEN OFF IN THE PAST FEW YEARS. BUT WHAT SEEMS LIKE AN EASY FIX IS REALLY MUCH MORE.
<b>Lori Roust, M.D.</b>	"WE EDUCATED THEM ON THE CHANGES THAT WOULD NEED TO OCCUR AFTER SURGERY."
	DR. LORI ROUST IS AN ENDOCRINOLOGIST AT MAYO CLINIC AND OFTEN THE FIRST TO MEET WITH PROSPECTIVE PATIENTS. TOGETHER THEY

	REVIEW THE PATIENTS WEIGHT HISTORY AND THE AFFECTS ON HIS OR HER HEALTH.
<b>Dr. Roust</b>	“THEY ALSO GO THROUGH A BEHAVIOR MODIFICATION PROGRAM IN WHICH THE PATIENT LEARNS HOW TO MAKE THE BEHAVIORAL CHANGES THAT ARE NECESSARY FOR THE SURGERY TO BE SUCCESSFUL.”
	THINGS SUCH AS EATING AND EXERCISE HABITS, THAT REQUIRE LIFE-LONG LIFESTYLE CHANGES. IT’S ONLY AFTER THAT SCREENING PROCESS IS COMPLETE THAT PATIENTS WOULD MEET WITH A SURGEON TO TALK ABOUT THEIR OPTIONS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.
