

Mayo Clinic Medical Edge

Meniere's Disease

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
(Min-yairs)	HOW DO YOU THINK YOU'D FEEL AFTER GETTING OFF A CARNIVAL RIDE THAT'S LIKE A ROLLER COASTER AND TILT-A-WHIRL ALL IN ONE? A LITTLE DISORIENTED? FOR PATIENTS WITH A CONDITION CALLED MENIERE'S DISEASE, THAT FEELING CAN STRIKE AT ANYTIME.
Jess Dhaliwal, M.D. Track 3 (1:46)	"THE MOST DEBILITATING PART IS THE VERTIGO BECAUSE IT CAN CAUSE SEVERE NAUSEA."
	MAYO CLINIC DR. JESS DHALIWAL SAYS WE DON'T KNOW WHAT CAUSES MENIERE'S DISEASE, BUT IT MAY INVOLVE AN INCREASE IN

	<p>THE AMOUNT OF FLUID IN THE INNER EAR, WHICH IS WHERE BALANCE IS REGULATED. THE VERTIGO IN MENIERE'S IS OFTEN ACCOMPANIED BY FLUCTUATING HEARING LOSS, PRESSURE, AND RINGING OR BUZZING SOUNDS IN THE EAR.</p>
<p>Dr. Dhaliwal Track 3 (2:18)</p>	<p>"BECAUSE WE DON'T KNOW EXACTLY WHAT CAUSES IT, WE DON'T HAVE A CURE."</p>
	<p>BUT YOU CAN TREAT THE SYMPTOMS. MEDICATIONS CAN HELP CONTROL THE VERTIGO AND NAUSEA. FOR VERY SEVERE CASES, SURGERY TO REMOVE THE BALANCE REGULATOR OR RENDER IT USELESS MAY BE NECESSARY. IN THOSE CASES BALANCE CONTROL IS USUALLY TAKEN OVER COMPLETELY BY THE OTHER EAR.</p>
	<p>FOR MORE INFORMATION, TALK TO</p>

	YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.