

**Mayo Clinic Medical Edge**

***Acute Sinusitis***

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	THE PAIN, PRESSURE, COUGHS AND CONGESTION. YEP, IT'S THAT TIME OF YEAR, COLD SEASON. TYPICALLY A COLD CAN LINGER FOR DAYS. BUT...
<b>Jess Dhaliwal, M.D.</b> <b>Track 4 (:12)</b>	"WHEN THAT LASTS BEYOND SEVEN TO TEN DAYS OR IF IT'S GETTING PROGRESSIVELY WORSE, OR IF YOUR DRAINAGE CHANGES TO A GREEN OR YELLOW COLOR, THAT'S WHEN WE STARTING THINKING ITS BACTERIAL RHINO SINUSITIS."
	MAYO CLINIC DR. JESS DHALIWAL SAYS COLDS AND OTHER UPPER

	RESPIRATORY INFECTIONS CAN LEAD TO SINUSITIS BECAUSE THE LINING OF THE NOSE CAN SWELL, KEEPING THE SINUSES FROM DRAINING. WHEN MUCUS BUILDS UP, IT CAN CREATE A BREEDING GROUND FOR BACTERIA, AND INFECTION. THE GOOD NEWS IS THAT MOST COLDS ARE SHORT-LIVED. BUT IF YOUR SYMPTOMS PERSIST...
<b>Dr. Dhaliwal</b> <b>Track 4 (2;42)</b>	“WE SHOULD THINK ABOUT TREATING IT... A GOOD COURSE OF ANTI-BIOTICS.”
	A TREATMENT THAT GENERALLY RUNS FOR ABOUT TEN TO 14-DAYS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.

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