

Mayo Clinic's Medical Edge

Risks of Acupuncture

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WITH ALL THE STORIES IN THE NEWS ABOUT DIFFERENT PAIN KILLERS INCREASING YOUR RISK FOR HEART ATTACK AND STROKE, IT MAKES YOU WONDER IF THERE'S SOMETHING SAFER?
Peter Dorsher, M.D. Track 1 (5:24)	"ACUPUNCTURE'S EXTREMELY SAFE, AND PEOPLE ARE LOOKNG FOR MORE NON-PHARMACOLOGIC WAYS TO TREAT CHRONIC CONDITIONS, NOT ONLY DUE TO IT BEING SAFER, BUT ALSO WITH THE EXPENSE OF DRUGS AS WELL."
	WHILE ACCUPUNCTURE IS USED TO TREAT MANY CONDITIONS,

	<p>MAYO CLINIC DR. PETER DOSHER SAYS PAIN RELIEF IS WHAT BRINGS MOST PEOPLE TO TRY ACUPUNCTURE. AND ALMOST EVERYBODY CAN AT LEAST GIVE IT A TRY.</p>
<p>Dr. Dorsher Track 3 (4:21)</p>	<p>“EVEN PEOPLE ON BLOOD THINNERS CAN BE NEEDLED SAFELY BECAUSE THE NEEDLES, FOR ONE THING, ARE MUCH FINER. THE ONES I TYPICALLY USE, YOU CAN FIT ABOUT 35 OF THEM IN A STANDARD BLOOD DRAWING NEEDLE.”</p>
	<p>DR. DORSHER SAYS THERE ARE RISKS OF INFECTION OR INSERTING A NEEDLE TOO FAR. BUT IN THE HANDS OF AN EXPERIENCED, LICENSED PROFESSIONAL, THOSE RISKS ARE VERY SMALL.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT</p>

	MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.