

**Mayo Clinic's Medical Edge**  
**Post-Menopausal Hormone Therapy**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	REMEMBER THE UPROAR A FEW YEARS BACK WHEN A STUDY FOUND THAT HORMONE REPLACEMENT THERAPY – A COMMON TREATMENT FOR POST- MENOPAUSAL SYMPTOMS LIKE NIGHT SWEATS AND HOT FLASHES INCREASED THE RISK OF BREAST CANCER, HEART DISEASE AND STROKE?
<b>Michael Born, M.D.</b> <b>Track 1 (2:40)</b>	"THIS SET GYNECOLOGY ON ITS EAR TEMPORARILY IN THAT THE REPORTS WERE DIRECTLY OPPOSITE OF WHAT MOST GYNECOLOGISTS HAD BEEN

	ADVISING AND TELLING THEIR PATIENTS FOR YEARS.”
	MAYO CLINIC DR. MICHAEL BORN SAYS THERE ARE CERTAINLY SOME WOMEN WHO SHOULD NOT RECEIVE HORMONE THERAPY... WOMEN WHO HAVE HAD BREAST CANCER OR A HEART ATTACK FOR INSTANCE. BUT IF YOU’RE IN GOOD HEALTH OTHERWISE...
<b>Dr. Born</b> <b>Track 2 (1:39)</b>	“THERE’S NOTHING THAT WOULD BE AS EFFECTIVE RELIEVING POST-MENOPAUSAL SYMPTOMS AS ESTROGEN THERAPY.”
	DR. BORN SAYS IT’S SOMETHING THAT WOMEN SHOULD ADDRESS WITH THEIR PHYSICIANS TO WEIGH THE POSSIBLE RISKS AND BENEFITS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.
