

Mayo Clinic Medical Edge

Chronic Cough

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Nat's of saw	PETE ALLEN HAS TO BE CAREFUL ABOUT HIS COUGH WHEN HE'S IN THE WORKSHOP.
Pete Allen, Patient	"I THINK DUST CAN AGGRAVATE IT."
	SO DOES COLD AIR. PETE'S HAD A COUGH FOR ALMOST SIX YEARS. AND LIKE MOST PEOPLE WITH CHRONIC COUGH, THERE'S MORE THAN ONE THING CAUSING IT.
Kaiser Lim, M.D.	"UP TO 50 TO 53-PERCENT OF PEOPLE WITH CHRONIC COUGH HAVE MORE THAN ONE CAUSE."
	AND THAT MAKES IT CHALLENGING TO DIAGNOSE SAYS MAYO CLINIC

	<p>PULMONOLOGIST DR. KAISER LIM.</p> <p>THE KEY IS TO RULE OUT CAUSES ONE BY ONE. THE MOST COMMON CAUSES ARE SMOKING, SINUS INFECTIONS, POST NASAL DRIP, ASTHMA AND ACID REFLUX. LUNG DISEASES LIKE CANCER CAN CAUSE COUGHING TOO. SO TAKE IT FROM PETE. IF YOU HAVE A COUGH THAT'S LASTED MORE THAN THREE WEEKS, TELL YOUR DOCTOR. HE OR SHE CAN RULE OUT CAUSES AND ZERO IN ON THE RIGHT TREATMENT.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>