

Mayo Clinic Medical Edge
Eye Protection for Monocular Patients

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	EVERY YEAR THOUSANDS OF PEOPLE SUFFER AN EYE INJURY THAT LEAVES THEM WITH A PERMANENT VISION LOSS. FOR SOMEONE WITH <u>TWO</u> GOOD EYE'S, IT'S BAD ENOUGH.
Muriel Schornack, O.D. Track 2 (1:10)	"IF THEY ENDED UP LOSING VISION IN ONE EYE THEY STILL HAVE A SPARE. IN PATIENTS THAT ARE MONOCULAR, THEY DON'T HAVE THAT SPARE."
	DR. MURIEL SCHORNACK IS AN OPTOMETRIST AT MAYO CLINIC. SHE ADVISES PATIENTS WITH ONLY ONE GOOD EYE TO ALWAYS

	<p>CONSIDER USING SOME FORM OF EYE PROTECTION. CONTACT LENS USE ADDS ANOTHER WRINKLE BECAUSE CONTACTS RAISE YOUR RISK OF DEVELOPING EYE INFECTIONS AND OTHER COMPLICATIONS.</p>
<p>Dr. Schornack Track 2 (2:40)</p>	<p>“MY ADVICE IS FIRST OF ALL REALLY CONSIDER STRONGLY WHETHER YOU WANT TO DO IT, EVEN IF THE RISK IS LOW, THE STAKES ARE HIGH FOR YOU.”</p>
	<p>IF YOU DO WEAR CONTACTS, DR. SCHORNACK SAYS YOU NEED TO METICULOUSLY FOLLOW YOUR DOCTOR’S RECOMMENDATIONS FOR CARE, HANDLING, WEARING AND REPLACEMENT SCHEDULES.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
