

Mayo Clinic Medical Edge
Manual vs Electric Toothbrushes

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	YOUR SMILE SAYS A LOT ABOUT YOU. AND A GOOD SMILE STARTS WITH GOOD TEETH. KEEPING YOUR TEETH IN TIP TOP SHAPE STARTS WITH BRUSHING.
Phillip Sheridan, D.D.S. Track 2 (2:05)	"FOR MANY PEOPLE, PROBABLY THE VAST MAJORITY OF THE POPULATION, A SOFT MANUAL TOOTHBRUSH WORKS FINE."
	DENTIST AND MAYO CLINIC DR. PHILLIP SHERIDAN SAYS A MANUAL TOOTHBRUSH DOES HAVE ONE DRAWBACK.
Dr. Sheridan Track 2 (3:00)	"FIRST YOU'VE GOT TO GET IT THERE AND THEN YOU'VE GOT TO

	<p>DO SOMETHING WITH IT. THE ADVANTAGE TO THE ELECTRIC TOOTHBRUSH IS YOU JUST GET IT THERE AND IT'S GOING TO HELP YOU TO CLEAN THE TEETH.”</p>
	<p>THAT'S ALSO AN ADVANTAGE FOR PARENTS, WHO REALLY NEED TO BE HELPING YOUNG CHILDREN.</p>
<p>Dr. Sheridan Track 2 (4:15)</p>	<p>“SO MANY PEOPLE HAND A CHILD A TOOTHBRUSH AND SAY ‘HERE, BRUSH YOUR TEETH.’ IF YOU WATCH THEM, THEY TEND TO CHEW ON THE TOOTHBRUSH AND EAT THE TOOTHPASTE. THEY DON'T REALLY CLEAN THEIR TEETH VERY WELL.”</p>
	<p>AN ELECTRIC TOOTHBRUSH CAN ALSO BE VERY USEFUL FOR PEOPLE WHO HAVE ARTHRITIS OR OTHER CONDITIONS THAT PREVENT EFFECTIVE BRUSHING.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DENTIST OR VISIT</p>

	MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.