

**Mayo Clinic Medical Edge**  
**Lung Transplant Road Race**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	AFTER WARMING UP WITH SOME DEEP STRETCHES, BOB LUMAYE IS READY TO RUN A 15K, WHICH IS PRETTY AMAZING.
<b>Bob Lumaye, Patient</b>	"TO THINK THAT 17 MONTHS AGO TODAY I WAS ON THE OPERATING TABLE HAVING A TRANSPLANT."
	RUNNING WITH BOB IS MAYO CLINIC DR. CESAR KELLER.
<b>Cesar Keller, M.D.</b>	"YOU BECOME EXTREMELY CLOSE TO THESE PATIENTS."
	DR. KELLER WATCHED BOB GO FROM BARELY BEING ABLE TO BREATHE TO RUNNING THIS RACE. A DISEASE CALLED PULMONARY

	<p>FIBROSIS DESTROYED BOB'S LUNGS. YOU SEE, A NORMAL LUNG IS MADE OF SPONGY TISSUE, OR AIR SACS, THAT ARE DESIGNED TO EXPAND AND FILL WITH AIR WHEN YOU BREATHE. PULMONARY FIBROSIS CAUSES SCARING. THE LUNGS TO GET STIFF, PREVENTING YOU FROM GETTING THE OXYGEN YOU NEED TO LIVE. BUT AS BOB CROSSES THE FINISH LINE THIS DAY, HE KNOWS HOW LUCKY HE'S IS. NOT JUST TO RUN, BUT TO LIVE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>