

**Mayo Clinic's Medical Edge**  
**Adult Congenital Heart Disease Clinic**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
<b>Kyra Ray, Patient</b>	"I LOOKED LIKE THE PICTURE OF HEALTH. I HAD BEEN TOLD THAT I HAD BEEN CURED AND FIXED."
	KYRA(KEAR-AH) RAY WAS FOUR YEARS OLD WHEN SHE HAD SURGERY TO CORRECT A CONGENITAL HEART PROBLEM. BUT SHE CONTINUED TO SUFFER FROM FATIGUE, SHORTNESS OF BREATH, AND ABNORMAL HEART RYTHYMS. ALMOST 30 YEARS, TWO MORE SURGERIES AND A TRIP TO MAYO CLINIC'S ADULT CONGENITAL HEART DISEASE CLINIC FINALLY PROVIDED

	ANSWERS.
<b>Dr. Carole Warnes</b>	“THERE IS NO CURE FOR A CONGENITAL HEART DISEASE PATIENT. THEY NEED LIFELONG FOLLOWUP.”
	DR. CAROLE WARNES(WARNES) IS ON THE TEAM THAT CARED FOR KYRA. SHE SAYS IT’S VITAL FOR PATIENTS TO SEEK OUT THE SPECIALISTS WHO CAN HELP TREAT AND EDUCATE THEM ABOUT THEIR DISEASE.
<b>Dr. Warnes</b>	“PATIENTS REALLY NEED TO UNDERSTAND THEIR ANATOMY, HOW THEY’RE PUT TOGETHER AND THE KINDS OF PROBLEMS THEY MAY BE FACING AND HOW TO MANAGE THEIR LIVES IN TERMS OF WORK, EXERCISE, AND SO ON.”
<b>Kyra</b>	“I’M THANKFUL TO BE ALIVE.”
	AND NOW KYRA IS DEDICATED TO EDUCATING OTHERS ABOUT THE HELP THAT IS AVAILABLE.

	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISITS MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.
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