

Mayo Clinic's Medical Edge
Incidence of Skin Cancer

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	LYNNETE LACY LOVES WORKING WITH HORSES. WITH AN OPEN SKY AND FRESH AIR ALL AROUND, SHE CALLS IT GOOD MEDICINE.
Lynnete Lacy, patient	"IT'S SUCH A GOOD SPORT FOR YOUR SOUL."
	GOOD FOR THE SOUL BUT POTENTIALLY BAD FOR YOUR SKIN. LYNETTE, WHO'S IN HER 30'S, HAS HAD 26 BASAL CELL, OR NON-MELANOMA SKIN CANCERS, REMOVED SINCE THE AGE OF 19. DR. LESLIE CHRISTENSON AND HER COLLEAGUES AT MAYO CLINIC

	PUBLISHED A STUDY THAT SHOWS...
Leslie Christenson, M.D.	“THE INCIDENCE OF BASAL CELL CARCINOMA IN YOUNG WOMEN LESS THAN 40 IS THREE TIMES THAT OF WHAT IT WAS IN THE 1976-1979 TIME FRAME.”
	WHY? DR. CHRISTENSON SAYS NON-MELANOMA CANCERS ARE ALMOST ALWAYS CAUSED BY SUN EXPOSURE. BUT YOU CAN LOWER YOUR RISK OF SKIN CANCER BY LIMITING YOUR TIME IN THE SUN, WEARING PROTECTIVE CLOTHING, AND ALWAYS WEARING SUNSCREEN.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.

