

Medical Edge Radio from Mayo Clinic

Angioplasty

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	IT'S BY FAR THE LEADING CAUSE OF HEART ATTACK. CORONARY ARTERY DISEASE OCCURS WHEN THINGS LIKE FAT AND CHOLESTEROL CLOG UP THE ARTERIES - A CONDITION CALLED ATHEROSCLEROSIS
Dr. Chet Rihal	"WHICH TRANSLATES AS HARDENING OF THE ARTERIES, OR BLOCKAGES IN THE ARTERIES OF THE HEART AND OTHER BLOOD VESSELS."
	DR. CHET RIHAL IS DIRECTOR OF THE CARDIAC CATHETERIZATION

	<p>LABORATORY AT MAYO CLINIC WHERE A TEAM FOCUSES ON TREATING THE BLOCKAGES. THAT'S COMMONLY DONE WITH A PROCEDURE CALLED ANGIOPLASTY...WHERE DOCTORS THREAD A LONG PLASTIC TUBE CALLED A CATHETER FROM THE LEG TO THE HEART. AND THROUGH THE CATHETER THEY CAN...</p>
Dr. Rihal	<p>"PUT IN A TINY WIRE INTO THE ARTERY, THEN OVER THE TOP OF THE WIRE WE THREAD BALLOONS AND USE THOSE BALLOONS TO OPEN THE BLOCKAGE. AND THEN WE CAN PUT STENTS IN, WHICH ARE PHYSICAL SCAFFOLDS THAT HOLD THE ARTERY OPEN."</p>
	<p>NEW DRUG COATED STENTS HELP PREVENT BLOCKAGES FROM RECURRING. IT'S VERY SAFE, QUICK AND PATIENTS CAN</p>

	USUALLY GO HOME THE NEXT DAY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.