

Mayo Clinic Medical Edge

Treating I-B-S

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IT CAN BE EMBARRASSING, EVEN TOUGH TO TALK ABOUT, BUT IRRITABLE BOWEL SYNDROME OR I-B-S IS A VERY COMMON PROBLEM. EVERY YEAR THOUSANDS OF PATIENTS SEEK HELP FROM PHYSICIANS LIKE MAYO CLINIC GASTROENTEROLOGIST, DR. JEAN FOX.
Jean Fox, M.D. Track 1 (6:36)	"SYMPTOMS CAN BE SEVERE ENOUGH THAT SOMETIMES PEOPLE MISS WORK OR LIMIT THEIR SOCIAL INTERACTIONS."
	THOSE SYMPTOMS CAN INCLUDE

	<p>PAIN AND CRAMPING, BLOATING, DIARRHEA, CONSTIPATION OR ALTERNATING BOUTS OF EACH. BECAUSE THERE'S NO CURE, EASING THE SYMPTOMS IS THE ONLY TREATMENT.</p>
<p>Dr. Fox Track 3 (2:48)</p>	<p>“BUT NEWER DRUGS ARE BEING DEVELOPED TO TREAT I-B-S AT THE MOLECULAR LEVEL AND TARGET CERTAIN NEUROTRANSMITTERS.”</p>
	<p>THOSE ARE CHEMICALS THAT TRANSMIT NERVE IMPULSES. IF YOU CAN CONTROL THE NERVES, THEN MAYBE YOU CAN KEEP EVERYTHING MOVING THROUGH THE DIGESTIVE SYSTEM THE WAY IT'S SUPPOSED TO.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
