

**Mayo Clinic Medical Edge**

**Toothpaste**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	CAVITY FIGHTERS, WHITENERS, TARTAR CONTROL... THE OPTIONS NOW AVAILABLE IN THE TOOTHPASTE AISLE CAN MAKE YOUR HEAD SPIN. WITH ALL THE CHOICES, WHERE DO YOU START?
<b>Phillip Sheridan, D.D.S.</b> <b>Track 1 (1:50)</b>	"ONE OF THE THINGS THAT EVERY DENTIST WANTS IN TOOTHPASTE IS FLUORIDE. THE IDEA BEHIND FLUORIDE IS TO PREVENT DECAY."
	MAYO CLINIC DR. PHILLIP SHERIDAN SAYS ALL THOSE OTHER THINGS -THE TARTAR CONTROL, THE WHITENERS - HAVE THEIR USES. JUST REMEMBER,

	<p>THERE'S A CHEMICAL THAT MAKES EACH ONE HAPPEN. FOR SOME PEOPLE THOSE ADDED CHEMICALS CAN CAUSE PROBLEMS, LIKE INCREASED SENSITIVITY, ESPECIALLY TO COLD.</p>
<p><b>Dr. Sheridan</b> <b>Track 1 (3:10)</b></p>	<p>"NOT ONLY DOES IT MAKE THE TEETH SENSITIVE, SOMETIMES IT IRRITATES THE GUMS, IT CAUSES SLOUGHING OF TISSUE, IT CAUSES REDNESS IT CAUSES SORE GUMS."</p>
	<p>DR. SHERIDAN SAYS IT'S LIKE SHOPPING FOR ANYTHING ELSE TO WHICH YOU MAY BE SENSITIVE OR ALLERGIC... YOU NEED TO PICK AND CHOSE AND LEARN TO AVOID THOSE ITEMS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>
