

Mayo Clinic Medical Edge

Otitis Externa

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IF YOU HAVE KIDS, CHANCES ARE PRETTY GOOD THEY'VE HAD AN EAR INFECTION. WITH KIDS, WE USUALLY THINK OF TWO TYPES. OTITIS MEDIA - A MIDDLE EAR INFECTION - COMMONLY COMES ON WITH A COLD. OR...
Jess Dhaliwal, M.D Track 1 (:40)	"THERE'S THE INFECTION OF THE EAR CANAL ITSELF. THAT'S CALLED OTITIS EXTERNA, ALSO CALLED SWIMMERS EAR."
(dahl-E-wahl)	BECAUSE, SAYS MAYO CLINIC DR. JESS DHALIWAL, INFECTION OFTEN OCCURS AFTER SWIMMING. PROLONGED WATER EXPOSURE

	<p>CAN IRRITATE THE TISSUE OF THE EAR CANAL LEADING TO INFECTION. SO CAN BACTERIA-INFECTED WATER. SYMPTOMS MAY INCLUDE PAIN, SWELLING, AND ITCHING OF THE EAR. NOT ALL KIDS WHO GO SWIMMING DEVELOP EAR INFECTIONS, BUT IF YOUR CHILD IS PRONE TO OTITIS EXTERNA...</p>
<p>Dr. Dhaliwal Track 1 (1:10)</p>	<p>“IT’S APPROPRIATE TO HAVE WATER PROTECTION OR WEAR EAR PLUGS.”</p>
	<p>DR. DHALI WAL ALSO SUGGESTS GOING EASY ON THINGS LIKE Q-TIPS. THAT’S BECAUSE EAR WAX CAN HELP PROVIDE A NATURAL BARRER AGAINST INFECTION.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
