

Mayo Clinic Medical Edge

Arm Lifts

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	FOR PAT SCHOENFELDER, THE TRANSFORMATION WAS AMAZING.
Pat Schoenfelder, Patient Track 7 (2:33)	"I LOST ABOUT A HUNDRED POUNDS AND I FEEL REALLY GOOD ABOUT MYSELF, EXCEPT FOR MY ARMS."
	PAT WAS SELF-CONCIOUS ABOUT ALL THE EXTRA SKIN HER WEIGHT LOSS LEFT BEHIND. IT EVEN MADE FITTING INTO HER NEW, SMALLER SIZED TOPS DIFFICULT. THE ANSWER? AN ARM LIFT!
James Knoetgen, M.D. Track 7 (:08)	"WHEN PEOPLE LOSE A LOT OF WEIGHT, LIKE AFTER GASTRIC BYPASS OPERATIONS, DIFFERENT

	<p>PARTS OF THE BODY WILL DEVELOP REDUNDANT OR EXTRA SKIN. THOSE PATIENTS WHO DEVELOP THE EXTRA SKIN ON THEIR UPPER ARMS MAY REQUIRE AN ARM LIFT OPERATION.”</p>
	<p>IN A RECENT STUDY, DR. JAMES KNOETGEN AND A TEAM AT MAYO CLINIC FOUND THAT ARM LIFTS - SURGERY TO REMOVE EXCESS SKIN AND FAT - ARE GENERALLY VERY SAFE AND MOST COMPLICATIONS ARE MINOR. FOR PAT THE DECISION WAS AN EASY ONE.</p>
<p>Pat Track 6 (3:50)</p>	<p>“I WOULD DO THIS OVER AGAIN IN A FLASH.”</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

