

Mayo Clinic Medical Edge

Future of Diabetes

1:00

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Audio

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| Intro with music | GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE. |
| | DIABETES. IT'S THE LEADING CAUSE OF HEART DISEASE, KIDNEY FAILURE AND BLINDNESS. MORE THAN 20 MILLION AMERICANS HAVE DIABETES AND THAT NUMBER IS ONLY EXPECTED TO GET WORSE. |
| Robert Rizza, M.D. Track 1 (9:50) | "APPROXIMATELY ONE IN THREE PEOPLE BORN IN THE YEAR 2000 WILL DEVELOP THIS DISEASE. ONE IN THREE! IN CERTAIN ETHNIC GROUPS ONE IN TWO!" |
| | DR. ROBERT RIZZA IS A DIABETES SPECIALIST AT MAYO CLINIC AND ALSO PAST PRESIDENT OF THE |

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| | AMERICAN DIABETES ASSOCIATION. HE SAYS WE'RE SPENDING 40-BILLION DOLLARS A YEAR TREATING DIABETES |
| Dr. Rizza Track 1 (9:00) Track 1 (10:55) | "BUT WE'RE TREATING THE COMPLICATIONS. IF WE USE THE SAME AMOUNT OF RESOURCES TO PREVENT THE DISEASE, IT'S ACTUALLY CHEAPER. THIS DISEASE PERMEATES OUR SOCIETY. IT DOESN'T HAVE TO HAPPEN. YOU CAN PREVENT IT!" |
| | HOW? WELL IT STARTS BY EATING HEALTHY, STAYING ACTIVE AND KEEPING YOUR WEIGHT DOWN. |
| | FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS. |
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