

**Mayo Clinic Medical Edge**  
**Heart Disease Study**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	OVER THE PAST 40 OR 50 YEARS, DEATHS DUE TO HEART DISEASE HAVE DROPPED DRAMATICALLY. BUT RESULTS FROM A RECENT STUDY SUGGEST THAT RUN MAY BE OVER.
<b>Cynthia Leibson, Ph.D.</b>	"THERE SEEMS TO HAVE BEEN AN END TO THE DECLINE IN THE AVERAGE GRADE OF CORONARY ARTERY DISEASE AT AUTOPSY AND IT APPEARS TO HAVE BEGUN IN 1994 OR 1995."
<b>(Leeb-son)</b>	WHAT'S WORSE SAYS DR. CYNTHIA LEIBSON, A MAYO CLINIC EPIDEMIOLOGIST AND SENIOR

	AUTHOR OF THE STUDY, IS THAT THERE WAS SUGGESTIVE EVIDENCE THAT DEATH RATES FROM HEART DISEASE ACTUALLY STARTING RISING IN 2001. WHILE THE STUDY DIDN'T ADDRESS POSSIBLE CAUSES, DR. LEIBSON POINTS OUT THAT IT WAS DURING THAT SAME TIME FRAME THAT THE INCIDENCE OF OBESITY AND DIABETES BEGAN TO SKYROCKET.
<b>Dr. Leibson</b>	“IF THAT IN FACT PROVES TO BE THE CASE, THEN I THINK EFFORTS TO PREVENT OBESITY ARE REINFORCED. “
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.

