

Mayo Clinic Medical Edge

Tick Bites

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IN A CLOCK OR A WATCH YOU NEED TICKS TO GO WITH THE TOCKS. BUT OUT IN THE WOODS OR GRASSLANDS, TICKS ARE USUALLY SOMETHING YOU'D JUST AS SOON AVOID. THEY'RE CREEPY, CRAWLY AND CAN CARRY NASTY DISEASES. THAT'S WHY IF YOU GET BIT BY A TICK, IT'S IMPORTANT TO REMOVE IT CAREFULLY AND PROMPTLY.
Marian McEvoy, M.D. Track 1 (6:20)	"IT'S ALSO IMPORTANT TO KNOW WHAT KIND OF TICK IT WAS IN TERMS OF SIZE. "
	IT'S THE TINY DEER TICK THAT

	MAYO CLINIC DOCTOR MARIAN MCEVOY SAYS TRANSMITS LYME DISEASE. IT CAN BE A TOUGH CONDITION TO DIAGNOSE, BUT THERE IS ONE TELL-TALE CLUE.
Dr. McEvoy Track 1 (6:40)	“A CIRCULAR RASH THAT OCCURS AROUND THE INSECT BITE AND GRADUALLY ENLARGES AS DAYS PROGRESS.”
	YOU CAN HELP AVOID TICK BITES BY DRESSING APPROPRIATELY. COVER UP. TUCK YOUR PANTS INTO YOUR SOCKS TO LIMIT ACCESS TO YOUR SKIN. AND DON'T FORGET TO SPRAY YOUR SKIN AND CLOTHES WITH A BUG SPRAY THAT CONTAINS DEET.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.

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