

Mayo Clinic Medical Edge
Repairing the ACL in Young Patients

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WE'RE USED TO HEARING ABOUT COLLEGE AND PROFESSIONAL ATHLETES WHO SUFFER SERIOUS KNEE INJURIES. BUT WITH YOUNGER AND YOUNGER KIDS COMPETING AT HIGH LEVELS, THE PATIENT PROFILES ARE CHANGING.
Amy McIntosh, M.D. Track 1 (2:05)	"WHERE BEFORE THEY SAID, 'OH, THOSE DON'T HAPPEN IN PATIENTS THAT AGE... ' WELL WE ARE SEEING A-C-L DISRUPTIONS IN EIGHT YEAR OLDS NOW."
	AND THAT PUTS ORTHOPEDIC SURGEONS LIKE MAYO CLINIC DR.

	<p>AMY MCINTOSH IN A BIT OF A QUANDRY. YOU SEE, IN ADULTS, THE REPAIR USUALLY INCLUDES DRILLING HOLES IN THE LEG BONES TO ANCHOR A REPLACEMENT LIGAMENT. BUT IF YOU DO THAT IN CHILDREN WHO STILL HAVE GROWING TO DO...</p>
<p>Dr. McIntosh Track 1 (15:20)</p>	<p>“YOU HAVE TO DRILL ACROSS THEIR GROWTH PLATES, SO THEN YOU’RE AT RISK OF ONE LEG GROWING LONGER THAN THE OTHER OR A MALALIGNMENT.”</p>
	<p>IT’S A PROBLEM DR. MCINTOSH SAYS HAS SPURRED A LOT OF RESEARCH AND NEW TECHNIQUES THAT REPAIR THE KNEE LIGAMENT WHILE ALLOWING FOR GROWTH.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
