

Mayo Clinic Medical Edge
Managing Your Medications

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	VIVIAN MEECH SAYS TAKING LOTS OF PILLS CAN BE A NUISANCE.
Vivian Meech, patient	"I HAD TO TAKE THESE THINGS FOUR TIMES A DAY."
	EVERY DAY VIVIAN TAKES A VARIETY OF MEDICATIONS. ONE WAS CAUSING BAD SIDE EFFECTS.
Vivian Meech	"SOMETHING IN THAT DRUG THAT INTERACTED WITH MY PILLS AND INTERACTED WITH MY LIVER."
	TO HELP VIVIAN GET ON A SAFER AND LESS CUMBERSOME DRUG REGIMEN, HER DOCTOR RECOMMENDED MAYO CLINIC'S MEDICATION THERAPY

	MANAGEMENT PROGRAM. THE GOAL, SAYS PHARMACIST LAURA ODELL IS...
Laura Odell, Pharm.D.	“FOR THE PHARMACIST AND PATIENT TO WORK TOGETHER TO FIND OUT WHAT TYPE OF DRUG THERAPY WOULD BE MOST CONVENIENT FOR THE PATIENT, THE MOST EFFECTIVE AND THE SAFEST.”
Vivian Meech	“THIS IS THE LIST OF ALL THE MEDICATIONS. IT TELLS WHICH ONES TO TAKE AND WHEN.”
	HAVING LEARNED MORE ABOUT HER MEDICATIONS, VIVIAN’S NOW ON A PROGRAM THAT’S SAFER, MORE MANAGEABLE AND MORE COST-EFFECTIVE.
	FOR MORE INFORMATION, TALK TO YOUR PHARMACIST OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.