

Medical Edge Radio from Mayo Clinic

Rebound Headaches

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL.
	IF YOU SUFFER FROM MIGRAINE HEADACHES, YOU'VE PROBABLY REACHED FOR MEDICATION TO STOP THE PAIN... OR EVEN TO TRY AND HEAD IT OFF. BUT DID YOU KNOW THAT, IN SOME CASES, THE PILLS COULD CAUSE MORE HEADACHES, CALLED REBOUND HEADACHES. MAYO CLINIC DR. JERRY SWANSON SAYS THE MORE APPROPRIATE TERM IS MEDICATION-OVERUSE HEADACE.
Dr. Jerry Swanson	"BASICALLY, THIS OCCURS IN INDIVIDUALS WHO ARE USING MANY OF THE COMMON PAIN

	<p>KILLERS THAT ARE UTILIZED FOR ACUTE MIGRAINE HEADACHES MORE THAN TWO TO THREE TIMES A WEEK FOR THE LONG HAUL.”</p>
	<p>THERE ARE TREATMENTS THAT CAN ELIMINATE THESE REBOUND HEADACHES, BUT IT MAY TAKE DAYS, EVEN WEEKS TO GET RELIEF. AND IT’S NOT JUST PRESCRIPTION DRUGS THAT CAN CAUSE THESE KIND OF HEADACHES.”</p>
<p>Dr. Jerry Swanson</p>	<p>“THE COMBINATION ANALGESICS, OR MIXED ANALGESICS WHICH WOULD INCLUDE USUALLY CAFFEINE AND ACETAMINOPHEN OR ASPRIN OR BOTH THIS CAN BE A PROBLEM.”</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
