

Mayo Clinic Medical Edge

Treating BPH

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	YOU'VE PROBABLY SEEN OR HEARD ADS ABOUT TREATMENTS FOR B-P-H OR BENIGN PROSTATIC HYPERPLASIA – AN ENLARGED PROSTATE. B-P-H HAPPENS IN VIRTUALLY ALL MEN AS THEY AGE. FOR SOME IT CAN CAUSE PROBLEMS WITH URINATION.
Daniel Elliott, M.D. Track 1 (6:05)	"MEDICAL THERAPY IS RELATIVELY NEW ON THE SPECTRUM OF TREATMENTS. 20-30 YEARS AGO THERE WERE NO MEDICATIONS FOR THIS."
	MAYO CLINIC DR. DANIEL ELLIOTT SAYS THE URINE FLOW GOES

	<p>RIGHT THROUGH THE CENTER OF THE PROSTATE. AS IT GROWS, IT CAN SQUEEZE OFF THAT CHANNEL. THE DRUGS SHRINK OR RELAX THE PROSTATE. SURGERY MAY BE ANOTHER OPTION.</p>
<p>Dr. Elliott Track 1 (7:00)</p>	<p>“FIVE TO TEN YEARS AGO THERE WAS PRETTY MUCH THE TRADITIONAL ROTO-ROOTER JOB WHERE IT’S BASICALLY GOING THROUGH AND OPENING UP THE CHANNEL.”</p>
	<p>NOW DOCTORS ARE USING LASERS AND MICROWAVES TO DO THE SAME THING. IN THE HANDS OF AN EXPERIENCED SURGEON, DR. ELLIOTT SAYS THEY’RE ALL GENERALLY VERY SAFE</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
