

Medical Edge Radio from Mayo Clinic

Tick Borne Illness

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
Nats of walking	IF YOU SPEND TIME IN THE WOODS OR FIELDS, YOU'VE PROBABLY FOUND ONE. TICKS! THEY'RE CREEPY... CRAWLY...AND, SAYS MAYO CLINIC DR. WILLIAM MARSHALL...
William Marshall, M.D. Track 6(:25)	"PRETTY EFFICIENT TRANSMITTERS OF INFECTION."
(er-lick-ee-o-sis)	LIKE ROCKY MOUNTAIN SPOTTED FEVER, EHRLICHIOSIS, AND LYME DISEASE. COMMON SYMPTOMS INCLUDE FEVER, HEADACHES, AND RASHES.
Dr. Marshall Track 6 (1:55)	"THESE ILLNESSES MAY BE FAIRLY

	<p>SEVERE... MAY CAUSE A FATAL INFECTION... USUALLY NOT. THEY CAN BE READILY TREATED WITH ANTIBIOTICS.”</p>
	<p>IF YOU FIND AN ATTACHED TICK, DR. MARSHALL SAYS IT'S BEST TO USE TWEEZERS TO PULL IT STRAIGHT OUT. OF COURSE IT'S BEST TO AVOID TICKS ALTOGETHER. DO THAT BY LIMITING YOUR EXPOSED SKIN. WEAR LONG SLEEVES AND TUCK YOUR PANTS INTO YOUR SOCKS. BE SURE TO USE AN INSECT REPELLENT THAT CONTAINS “DEET”. THEY'RE VERY EFFECTIVE AT PREVENTING TICK BITES AND CAN HELP MAKE YOUR TIME OUTDOORS MORE ENJOYABLE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
