

*Medical Edge Radio from Mayo Clinic*

*Breast Cancer Screening*

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	YOU'VE HEARD THE NUMBERS. WOMEN HAVE A ONE IN EIGHT CHANCE OF GETTING BREAST CANCER DURING THEIR LIFETIMES. AND BREAST CANCER CONTINUES TO BE A LEADING CAUSE OF CANCER DEATH. DR. SANDHYA PRUTHI IS DIRECTOR OF THE BREAST DIAGNOSTIC CLINIC AT MAYO CLINIC
<b>Sandhya Pruthi, M.D.</b>	"THERE'S NO QUESTION THAT EARLY DETECTION, ESPECIALLY A SMALL TUMOR WITH NO INVOLVED LYMPH NODES, HAS MUCH BETTER

	SURVIVAL THAN A LARGE TUMOR WITH POSITIVE LYMPH NODES.”
	SCREENING IS THE KEY TO CATCHING TUMORS WHEN THEY’RE SMALL. THE FIRST STEP SAYS DR. PRUTHI, IS BECOMING FAMILIAR WITH THE LOOK AND FEEL OF YOUR BREAST.
<b>Dr. Pruthi</b>	“BEING AWARE OF CHANGES IN YOUR BREAST TISSUE. AND IF THERE WAS A CHANGE TO HAVE THAT EVALUATED BY YOUR PHYSICIAN.”
	CLINICAL EXAMS AND MAMMOGRAMS COMPLETE THE TRIO OF SCREENING. IF YOU’RE UNDER 40 YOU SHOULD HAVE A CLINICAL EXAM ABOUT EVERY THREE YEARS. AFTER 40 YOU SHOULD HAVE CLINICAL EXAMS AND MAMMOGRAMS YEARLY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO

	MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.