

Mayo Clinic Medical Edge
Treating Perthes Disease

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
(perth-EEZ)	PERTHES DISEASE IS A CHILDHOOD CONDITION WHERE BLOOD SUPPLY TO THE BALL PART OF THE HIP JOINT IS TEMPORARILY CUT OFF. WHY THIS HAPPENS ISN'T KNOWN. BUT AS A RESULT, THE BONE DIES. IT CAN COLLAPSE AND CHANGE SHAPE. PERTHES TAKES TWO TO FIVE YEARS TO RUN ITS COURSE THEN THE BLOOD SUPPLY RETURNS. NEW BONE DEVELOPS, BUT...
Anthony Stans, M.D. Track 3 (7:37)	"IS IT GOOD HEALTHY BONE WITH A NICE ROUND HEAD WHICH HAS A VERY GOOD PROGNOSIS OR IS IT A

	<p>FLATTENED HEAD WHERE THE PATIENT IS STILL AT RISK FOR STIFFNESS, PAIN AND ARTHRITIS?"</p>
	<p>ACCORDING TO MAYO CLINIC DR. ANTHONY STANS, THE KEY TO INFLUENCING THAT IS EARLY DIAGNOSIS AND TREATMENT.</p>
<p>Dr. Stans Track 3 (4:50)</p>	<p>"OUR GOAL IS TO DO AS LITTLE AS POSSIBLE BUT AS MUCH AS NECESSARY TO CONTROL PAIN, PRESERVE THE MOTION AND TO KEEP THE BALL IN THE SOCKET."</p>
	<p>DEPENDING ON THE PATIENTS AGE AND DETERIORATION OF THE BONE, TREATMENT CAN RANGE FROM PHYSICAL THERAPY, CASTING AND BRACING TO SURGERY</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
