

Mayo Clinic Medical Edge

Treating Poison Ivy

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IF YOU'VE EVER HAD POISON IVY, YOU KNOW IT CAN DRIVE YOU CRAZY. A SMALL OUTBREAK OF THE RED, ITCHY RASH CAN BE TREATED WITH OVER-THE-COUNTER STEROID CREAMS, BUT MAYO CLINIC DERMATOLOGIST DR. MARIAN MCEVOY STILL SUGGESTS A VISIT TO YOUR DOCTOR, WHY?
Marian McEvoy, M.D. Track 1 (9:45)	"OFTEN WHAT HAPPENS IS YOU END UP BROKEN OUT IN AREAS OTHER THAN WHAT WAS INITIALLY EXPOSED."
	WHEN A GENERALIZED REACTION LIKE THAT HAPPENS, THE

	TREATMENT OFTEN TURNS TO ORAL STEROIDAL MEDICATIONS SUCH AS PREDNISONE.
Dr. McEvoy Track 1 (9:50)	“AND WE USUALLY USE THAT FOR TWO TO THREE WEEKS BECAUSE OFTEN TIMES THAT POISON IVY REACTION PERSISTS AND IF YOU’RE JUST TREATED FOR A VERY SHORT PERIOD OF TIME, WE WILL OFTEN SEE REBOUNDS.”
	OF COURSE THE BEST TREATMENT IS PREVENTION. SO KNOW WHAT POISON IVY AND IT’S COUSINS POISON OAK AND POISON SUMAC LOOK LIKE. THAT WAY YOU CAN AT LEAST AVOID DIRECT CONTACT WITH THE PLANT.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

--	--