

Mayo Clinic Medical Edge

Colonoscopy

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	MOWING THE LAWN... CLEANING THE BATHROOM... MAKING THE CAR PAYMENT... THEY'RE ALL THINGS WE'D PROBABLY RATHER NOT DO, BUT WE SHOULD. IT'S THE SAME FOR A COLONOSCOPY.
Julie Abbott, M.D. Track 5 (:20)	"I THINK ANYBODY THAT'S EVEN THOUGHT ABOUT A COLONOSCOPY PRESUMES THAT IT MUST BE JUST TERRIBLE TO HAVE THIS SCOPE GOING INSIDE YOUR BODY."
	IN FACT, MAYO CLINIC DR. JULIE ABBOTT SAYS MANY PATIENTS TELL HER THE SCOPING IS THE

	<p>EASY PART. IT'S THE LIQUIDS AND LAXATIVES YOU NEED TO TAKE BEFOREHAND, TO CLEAN OUT THE COLON THAT ARE THE REALLY HARD PART.</p>
<p>Dr. Abbott Track 5 (3:10)</p>	<p>“THERE ARE, AMAZINGLY, NO GOOD WAYS TO ACCOMPLISH THIS.”</p>
	<p>BUT IF YOU'RE LOOKING FOR COLON CANCER, IT'S THE BEST TEST OUT THERE. IN GENERAL, DR. ABBOTT SAYS EVERYBODY SHOULD HAVE A COLONOSCOPY ABOUT THE TIME THEY TURN 50 AND THEN EVERY TEN YEARS AFTER THAT. DOCTORS RECOMMEND EARLIER AND MORE FREQUENT TESTING IF YOUR RISK IS HIGHER BECAUSE OF FAMILY HISTORY OR OTHER FACTORS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN</p>

	WILLIAMS.