

*Medical Edge Radio from Mayo Clinic*

*Epidemiology*

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	DR. JAMES CERHAN IS SORT OF LIKE A MEDICAL DETECTIVE. AS AN EPIDEMIOLOGIST AT MAYO CLINIC, HIS JOB IS TO INVESTIGATE DISEASES, FIND OUT HOW OFTEN THEY OCCUR AND WHAT THE CAUSES MIGHT BE.
<b>James Cerhan, M.D</b> <b>Track 1(9:19)</b>	"THE GOALS OF IDENTIFYING CAUSES IS THEN, CAN WE COME UP WITH PREVENTIVE STRATEGIES TO LOWER THE DISEASE RISK."
	EPIDEMIOLOGISTS DO THAT BY STUDYING PEOPLE, USUALLY IN A VERY DEFINED POPULATION. THAT COULD MEAN A SPECIFIC

	CITY, A STATE OR AN ENTIRE COUNTRY.
<b>Dr. Cerhan</b>	“EARLY SUCCESSES WERE IN INFECTIOUS DISEASE AND HEART DISEASE. WE’RE A BIT FARTHER BEHIND IN CANCER. RESEARCH IN CANCER REALLY TOOK OFF IN THE 70’S AND 80’S SO WE’RE JUST NOW STARTING TO SEE SOME OF THE FRUITS OF THAT.”
	SUCH AS HOW LIFESTYLE CHOICES - THINGS LIKE DIET, PHYSICAL ACTIVITY AND SMOKING - CAN GREATLY IMPACT YOUR RISK OF CONTRACTING THE DISEASE.
	FOR MEDICAL EDGE I’M VIVIEN WILLIAMS.