

**Medical Edge Radio from Mayo Clinic**

**What is an Allergy?**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
<b>Nats of Sneezing</b>	IT COULD BE RAGWEED, PEANUTS OR THE CAT NEXT DOOR. AN ESTIMATED ONE IN FIVE PEOPLE HAS SOME TYPE OF ALLERGY. MAYO CLINIC ALLERGY SPECIALIST DR. JAMES LI SAYS THAT MEANS THE BODY HAS A ...
<b>James Li, M.D.</b>	"HYPERSENSITIVE IMMUNE RESPONSE ON EXPOSURE TO A FOREIGN SUBSTANCE."
	DEPENDING ON THE PERSON AND THE ALLERGEN INVOLVED, THAT RESPONSE OR REACTION CAN RANGE FROM MILD AND ALMOST TRIVIAL TO, IN SOME RARE CASES,

	DEADLY. HAYFEVER IS ONE OF THE MOST COMMON.
<b>Dr. Li</b>	“WHEN THAT PERSON INHALES, THE RAGWEED POLLEN LANDS ON THE LINING OF THE NOSE. THE ANITBODIES REACT WITH THE RAGWEED POLLEN AND THAT TRIGGERS INFLAMATION IN THE NOSE WHICH CAUSES RUNNY NOSE, SNEEZING, CONGESTION, ITCHY, WATERY EYES, THE HAY FEVER.”
	BUT THERE ARE TESTS TO HELP DETERMINE WHAT YOU MIGHT BE ALLERGIC TO, AND MANY GOOD TREATMENT OPTIONS TO HELP CONTROL YOUR SYMPTOMS AND MANAGE YOUR ALLERGY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I'M VIVIEN WILLIAMS.
