

**Mayo Clinic Medical Edge**  
**Adjusting to Hearing Aids**

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	A NEW JOB... A NEW HOME... A DIFFERENT COMMUTE. SOME THINGS TAKE A LITTLE TIME TO GET ADJUSTED TO. A HEARING AID IS NO DIFFERENT.
<b>Dr. Hawkins</b> <b>Track 1 (7:42)</b>	"IT'S NOT LIKE PUTTING ON A PAIR OF GLASSES AND SUDDENLY YOU SEE THE LEAVES ON THE TREES AND YOU'RE VERY EXCITED."
	BECAUSE HEARING LOSS TYPICALLY OCCURS GRADUALLY, MAYO CLINIC AUDIOLOGIST, DR. DAVID HAWKINS SAYS PEOPLE SORT OF GET USED TO NOT HEARING A LOT OF THE SOUNDS

	AROUND THEM.
<b>Dr. Hawkins</b> <b>Track 1 (8:00)</b>	“SO WHEN YOU FIRST PUT ON A HEARING AID, SUDDENLY YOU SORT OF FEEL LIKE ‘OH, I’M HEARING SO MANY THINGS’. AND THE FIRST REACTION OF MOST PEOPLE IS ‘I’M NOT SURE I WANT TO HEAR ALL THIS’, BECAUSE THEY’VE GOTTEN KIND OF USED TO A QUIET WORLD.”
	DR. HAWKINS SAYS THERE’S A DEFINITE ADJUSTMENT PERIOD THAT A PATIENT MUST BE WILLING TO ACCEPT. BUT STUDIES SHOW THAT HEARING AIDS TO IMPROVE QUALITY OF LIFE .
	FOR MORE INFORMATION, TALK TO AN AUDIOLOGIST OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.

