

Mayo Clinic Medical Edge  
*Importance of Regular Check-ups*

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	BOB JOHNSON IS A HIGHLY SUCCESSFUL AND VERY BUSY BUSINESS MAN.
<b>Bob Johnson Businessman</b>	"I'M KIND OF A WORKAHOLIC. I GO, GO, GO."
	LONG WORK DAYS AND LOTS OF TRAVEL MADE IT HARD FOR BOB TO DEVOTE TIME TO HIS HEALTH. BUT IT WAS DURING A ROUTINE CHECK-UP THAT BOB FOUND OUT HE WAS A WALKING TIME BOMB.
<b>Robert Orford, M.D.</b>	"ON THE TREADMILL TEST HIS HEART RATE DIDN'T INCREASE TO THE LEVEL YOU'D EXPECT. HE HAD AN 80-PERCENT BLOCKAGE IN

	THREE VESSELS OF HIS HEART.”
	MAYO CLINIC DOCTOR ROBERT ORFORD SAYS WITHOUT A BYPASS, BOB WOULD LIKELY HAVE HAD A HEART ATTACK. BOB WILL NEVER FORGET HOW DR. ORFORD TOLD HIM THE NEWS.
<b>Bob Johnson</b>	“HE SAID, ‘THIS IS YOUR LUCKY DAY. YOU HAVE A GUARDIAN ANGEL, YOU’RE BLESSED.”
	THAT’S BECAUSE BOB’S REGULAR EXAM HELPED HIM GET THE TREATMENT HE NEEDED TO PREVENT A HEART ATTACK. BOB CONSIDERS HIS EXPERIENCE A WAKE UP CALL. NOW HIS HEALTH IS BOB’S NUMBER ONE PRIORITY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.