

Mayo Clinic Medical Edge

Lazy Bowel

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
Nicholas Talley, M.D. Track 1 (:05)	"MOST PEOPLE WHO TALK ABOUT LAZY BOWEL HAVE MINOR CONSTIPATION PROBLEMS." "SOMETIMES PEOPLE FEEL THEY'RE NOT GOING ENOUGH AND THEY CALL THE CONDITION LAZY BOWEL."
	BUT ACCORDING DR. NICHOLAS TALLEY, A GASTROENTEROLOGIST AT MAYO CLINIC, THAT'S A MISNOMER. TRUE LAZY BOWEL IS MUCH MORE THAN AN OCCASIONAL PROBLEM.
Dr. Talley Track 1 (:25)	"THERE'S A SMALL GROUP OF PEOPLE WITH SEVERE

	CONSTIPATION WHO TRULY DO HAVE A BOWEL THAT DOESN'T WORK. WHAT SOME PHYSICIANS CALL COLONIC INERTIA.”
	WHY THIS HAPPENS ISN'T EXACTLY CLEAR. ONE THOUGHT IS THAT THE NERVES IN THE COLON HAVE BEEN DAMAGED.
Dr. Talley Track 1 (:45)	“IT IS VERY SEVERE CONSTIPATION. YOU CAN'T HAVE A BOWEL MOVEMENT MORE THAN ONCE EVERY FEW WEEKS.”
	WHILE THE CONDITION IS VERY RARE, IT CAN ALSO BE VERY DIFFICULT TO TREAT. THERAPIES RANGE FROM LAXATIVES TO BIO-FEEDBACK AND SURGERY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.

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