

Mayo Clinic Medical Edge

When to Seek Attention for a Sports Injury

1:00

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Audio

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| Intro with music | GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE. |
| | ATHLETES ARE OFTEN PRAISED FOR THEIR ABILITY TO FIGHT THROUGH PAIN AND INJURY TO PLAY IN A BIG GAME. THAT MAY BE OK FOR PROFESSIONALS, BUT IT'S A DECISION YOUNGER ATHLETES MAY NOT HAVE THE KNOWLEDGE OR EXPERIENCE TO MAKE. |
| Amy McIntosh, M.D. Track 2 (6:30) | "IF YOUR KIDS ARE TAKING MEDICATION TO GET THROUGH PRACTICE, IF YOU'RE HAVING TO GIVE THEM MOTRIN OR TYLENOL ON A REGULAR BASIS, THERE'S SOMETHING WRONG. THEY NEED TO BE SEEN." |

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| | <p>DR. AMY MCINTOSH IS A PEDIATRIC ORTHOPEDIC SURGEON AT MAYO CLINIC. SHE ALSO HAS A SPECIAL INTEREST IN SPORTS MEDICINE. WHILE MANY OF THE PROBLEMS SHE SEES ARE SIMPLE TO TREAT...</p> |
| <p>Dr. McIntosh Track 2 (12:50)</p> | <p>"IF YOUR KIDS ARE HAVING PAIN INTO THE NEXT DAY, IF THEY'RE HAVING PROBLEMS SLEEPING, IF THEY'RE HAVING PROBLEMS AT SCHOOL, THEY DEFINITELY NEED TO BE SEEN AND EVALUATED."</p> |
| | <p>PAIN CAN BE A GOOD GUIDE, BUT YOU HAVE TO LISTEN. ATHLETES TO THEIR BODIES, AND PARENTS TO THEIR CHILDREN.</p> |
| | <p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p> |
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