

Medical Edge Radio from Mayo Clinic

Pregnancy Timing

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	SO YOU'RE THINKING ABOUT HAVING A BABY. IT'S A BIG DECISION - ONE THAT WILL CERTAINLY CHANGE YOUR LIFE. MAYO CLINIC OBSTETRICIAN DR. ROGER HARMS SAYS IT'S TIME FOR SOME CAREFUL THOUGHT.
Roger Harms, M.D.	"YOU DO WANT TO DO A BIT OF AN INVENTORY ABOUT WHETHER THE STABILITY OF THE FAMILY, THE FINANCIAL RELATIONSHIPS THAT YOU HAVE IS REALLY COMPATIBLE WITH RAISING A CHILD. IT'S A VERY EXPENSIVE PROCESS."
	AND IF YOU HAVE OTHER

	CHILDREN YOU'LL WANT TO CONSIDER HOW A NEW BABY MAY AFFECT THEM.
Dr. Harms	“BUT WHEN YOU’VE GONE THROUGH THOSE KIND OF QUESTIONS AND SAY YES, THE TIME IS RIGHT, THEN THERE COMES THE NEXT QUESTION OF, ‘DOES IT FIT IN OUR CAREER PLAN TO HAVE A CHILD RIGHT NOW?’ AND THAT’S A LEGITIMATE QUESTION.”
	BUT PUSHING THE BIOLOGICAL CLOCK CAN MAKE GETTING PREGNANT MORE DIFFICULT. RAISING A CHILD TAKES A LOT OF TIME AND EFFORT. CAREFUL THINKING BEFORE HAND CAN MAKE IT ALL THE MORE ENJOYABLE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN

	WILLIAMS.