

Mayo Clinic Medical Edge

Treating Polymyositis

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
(Yet-er-berg)	AN AUTOIMMUNE DISEASE IS SORT OF LIKE A GUARD DOG THAT TURNS ON ITS OWNER. INSTEAD OF PROTECTING THE BODY, THE IMMUNE SYSTEM ATTACKS IT. AS A MAYO CLINIC RHEUMATOLOGIST, IT'S SOMETHING DR. STEVE YTTERBERG DEALS WITH A LOT.
Steve Ytterberg, M.D. Track 2 (6:30)	"WITH MOST OF THESE KINDS OF AUTOIMMUNE DISEASE, WE DON'T KNOW THE CAUSE."
	AND THAT MAKES TREATING THEM DIFFICULT. POLYMYOSITIS IS ONE SUCH DISEASE. INFLAMMATION IN THE MUSCLES CAN CAUSE

	EXTREME WEAKNESS, PAIN AND FATIGUE. STEROIDS CAN QUIET THE INFLAMMATION, BUT...
Dr. Yetterberg Track 2 (9:31)	“STEROIDS CAN CAUSE COMPLICATIONS SO WE TRY TO LIMIT HOW LONG AND HOW MUCH WE USE. THAT’S WHEN WE START TO THINK ABOUT DRUGS THAT SUPPRESS THE IMMUNE SYSTEM.”
	SUPPRESSING THE INFLAMMATION AT THE SAME TIME. THE TREATMENT CAN TAKE MONTHS, EVEN YEARS. EVEN THEN IT’S NOT A CURE. BUT MOST PATIENTS ARE ABLE TO ONCE AGAIN ENJOY LIFE, SYMPTOM FREE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

