

Mayo Clinic Medical Edge

Melanoma Awareness

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	HOPEFULLY YOU'RE PAYING ATTENTION TO YOUR BLOOD PRESSURE AND CHOLESTEROL. BUT KEEPING AN EYE ON YOUR SKIN CAN ALSO SAVE YOUR LIFE. NEW MOLES OR CHANGES TO OLD ONES COULD BE A SIGN OF MALIGNANT MELANOMA, AN OFTEN DEADLY SKIN CANCER. THE KEY IS TO CATCH IT EARLY. FOR THAT YOU NEED TO KNOW YOUR A-B-C'S... AND D.
Edward Creagan, M.D. Track 1 (4:35)	"A STANDS FOR ASYMETRY. IF ONE HALF OF THE MOLE LOOKS DIFFERENT FROM THE OTHER

	HALF, THAT'S A TIP-OFF OF A POTENTIAL PROBLEM.”
	“B”, SAYS MAYO CLINIC DR. EDWARD CREAGAN, IS FOR BORDERS. JAGGED OR IRREGULAR BORDERS MAY BE CAUSE FOR CONCERN.
Dr. Creagan Track 1 (4:35)	“C STANDS FOR COLOR. VARIATIONS OF TAN, BLACK AND RED COULD INDICATE A PROBLEM.”
	“D” IS FOR DIAMETER, MOST MELANOMA’S ARE LARGER THAN SIX MILLIMETERS, OR ABOUT THE SIZE OF A PENCIL ERASER. IF YOU NOTICE ANY OF THESE SIGNS, A VISIT TO YOUR DOCTOR COULD BE A REAL LIFE SAVER.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.
