

Mayo Clinic Medical Edge
Taking Aim at Breast Cancer

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Nats of shooting Deb Holbein, Patient	I ENJOY THE COMPETITION. IT'S A SPORT YOU WIN OR LOSE ON YOUR OWN."
	TO WIN A SKEET SHOOTING COMPETITION, DEB HOLBEIN TAKES TRAINING SERIOUSLY. THAT'S ALSO HOW SHE APPROACHES BREAST CANCER. YOU SEE, DEB'S MOM AND AUNT HAD BREAST CANCER TOO. THAT MEANT DEB COULD BE A CARRIER OF ONE OF TWO BREAST CANCER GENES—BRCA1 OR BRCA2. MAYO CLINIC DR. SANDYHA PRUTHI SAYS IF SOMEONE HAS ONE OF THESE

	GENES...
Sandhya Pruthi, M.D.	“THAT PERSON HAS A 40 TO 80-PERCENT RISK OF DEVELOPING BREAST CANCER IN HER LIFETIME.”
	TO FIND OUT, DEB UNDERWENT GENETIC TESTING. SHE THOUGHT INFORMATION WAS THE AMMUNITION SHE NEEDED TO MAKE WISE DECISIONS. DEB’S TEST WAS POSITIVE AND SHE CHOSE CLOSE MONITORING ALONG WITH REGULAR SELF-BREAST EXAMS AND MAMMOGRAMS. IT’S WHAT ALLOWED HER TO CATCH HER CANCER EARLY, WHILE IT WAS STILL CURABLE
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

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