

Mayo Clinic Medical Edge
Vaccinations for Travel

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT'S THE TRIP YOU'VE DREAMED ABOUT. DIFFERENT CONTINENTS. DIFFERENT CULTURES. THE LAST THING YOU WANT TO DO IS GET SICK... WHILE YOU'RE THERE OR WHEN YOU GET BACK. MAKING SURE YOU'RE UP TO DATE ON YOUR SHOTS CAN HELP.
Steven Krotzer, M.D. Track 1 (10:27)	"IF ANYBODY'S TRAVELING, THE MOST IMPORTANT VACCINES ARE JUST THE ROUTINE ONES."
	ACCORDING TO DR. STEVEN KROTZER, A TRAVEL MEDICINE SPECIALIST AT MAYO CLINIC, THAT MEANS TETANUS, DIPHTHERIA AND

	<p>THE FLU SHOT. HEPATITIS “A” AND “B” AND TYPHOID ARE ALSO COMMON VACCINES. DEPENDING ON WHERE YOU’RE GOING, THERE ARE ALSO SHOTS FOR THINGS LIKE YELLOW FEVER OR JAPANESE ENCEPHALITIS.</p>
<p>Dr. Krotzer Track 1 (12:26)</p>	<p>“THEY WOULD ONLY BE APPROPRIATE FOR A FEW INDIVIDUALS AND YOU REALLY COULD PROBABLY USE THE EXPERTISE OF SOMEBODY INTERESTED IN TRAVEL MEDICINE TO MAKE THAT DETERMINATION.”</p>
	<p>BECAUSE IT TAKES TIME FOR VACCINATIONS TO FULLY TAKE EFFECT, DR. KROTZER SUGGESTS VISITING YOUR PHYSICIAN FOUR TO SIX WEEKS BEFORE YOUR TRIP.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN</p>

	WILLIAMS.
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