

**Medical Edge Radio from Mayo Clinic**

**Allergy Diagnosis**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
<b>Nats of Sneeze</b>	SNEEZING... A RUNNY NOSE... ITCHY, WATERY EYES. IF YOU HAVE THESE SYMPTOMS YOU COULD HAVE AN ALLERGY. THAT'S WHERE THE BODY RESPONDS OR REACTS TO CERTAIN SUBSTANCES. IT COULD BE POLLEN, DUST MITES OR EVEN YOUR CAT. HOW DO YOU FIND OUT IF YOU HAVE AN ALLERGY? IT STARTS WITH SOME QUESTIONS FROM YOUR DOCTOR.
<b>James Li, M.D.</b>	"WHAT THEIR SYMPTOMS ARE... WHEN IT HAPPENS...WHAT MAKES IT BETTER...WHAT MAKES IT

	<p>WORSE...WHAT THEIR EXPOSURES ARE. ”</p>
	<p>DR. JAMES LI IS AN ALLERGY SPECIALIST AT MAYO CLINIC. HE SAYS DOCTORS MAY ALSO ORDER AN ALLERGY SKIN TEST TO FURTHER NARROW THE POSSIBILITIES.</p>
<p><b>Dr. Li</b></p>	<p>“WE DO ALLERGY SKIN TESTS FOR INHALANT ALLERGIES SUCH AS HAYFEVER AND ASTHMA. THERE ARE ALSO FOOD ALLERGY TESTS, INSECT STING TESTS, AND PENICILLIN ALLERGY SKIN TESTS.”</p>
	<p>AND THE ANSWERS WILL HELP DETERMINE THE MOST EFFECTIVE TREATMENT TO MANAGE YOUR AN ALLERGY.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
